



CANADIAN YOGA ASSOCIATION (CYA)

(ATHLETE SELECTION CRITERIA)

1. PURPOSE

The purpose of this Athlete Selection Criteria is to establish a transparent, fair, and merit-based process for selecting athletes to represent Canada at international yogasana competitions, including but not limited to:

- - Commonwealth Yogasana Championships
- - World Yogasana Championships
- - Other international competitions sanctioned by Commonwealth Yogasana Sports Federation (CYSF)

This document outlines the eligibility requirements, selection pathways, performance standards, and appeals process.

2. GENERAL PRINCIPLES

All selection decisions shall be guided by the following principles:

Principle : Description

- Merit : Selection shall be based on demonstrated performance and ability.
- Transparency : Criteria and process shall be publicly available.
- Fairness : All eligible athletes shall be given equal opportunity for selection.
- Objectivity : Selection shall be based on measurable performance standards.
- Accountability : Selection decisions shall be documented and subject to appeal.
- Non-Discrimination: Selection shall be free from discrimination on any protected ground.

3. SCOPE AND APPLICATION

This Selection Criteria applies to:

- All athletes seeking selection to represent Canada at CYSF-sanctioned international competitions.
- All national team selection events organized by Canadian Yoga Association (CYA).
- All selection decisions made by the CYA Selection Committee.

4. ELIGIBILITY REQUIREMENTS

To be eligible for selection, an athlete must meet all of the following requirements:

Requirement : Details

1. **Citizenship** | Canadian citizen or permanent resident of Canada |
2. **Membership** | Active member of Canadian Yoga Association (CYA) in good standing.
3. **Age** | Meet minimum age requirements for the competition category.
4. **Competition History** | Have competed in the most recent Canadian National Yogasana Championships or designated qualifying event.
5. **Medical Clearance** | Provide medical clearance if required for high-performance training or competition.
6. **Code of Conduct** | Comply with CYA Code of Conduct and Safe Sport Policy
7. **Anti-Doping** | Comply with all anti-doping rules and regulations |

5. COMPETITION CATEGORIES

Athletes may be selected in the following categories:

| **Category** | **Age Group** | **Description** |

| **Youth** | **Under 18 years** | **Junior development category** |

| **Senior** | **18 years and above** | **Open category for senior athletes** |

| **Masters** | **35 years and above** | **Veteran athletes category** |

Age eligibility shall be determined as of December 31 of the competition year.

6. SELECTION PATHWAYS

Athletes may be selected through the following pathways:

6.1 National Championships Pathway

The primary pathway for selection is performance at the Canadian National Yogasana Championships.

1. | **Placement | Consideration |**
2. | **1st Place | Automatic nomination to national team |**
3. | **2nd Place | Considered for national team based on overall performance |**
4. | **3rd Place | Considered as alternate or for development team |**

The number of athletes selected from each category shall be determined based on the quota allocated by the international competition.

6.2 Performance Criteria Pathway

Athletes who achieve specified scores or placements at designated qualifying events may be considered for selection, including:

1. - **Regional qualifying competitions recognized by CYA.**
2. - **International competitions where the athlete has demonstrated competitive results.**
3. - **Previous international competition results (within the past 12 months).**

6.3 Wild Card / Discretionary Selection

The Selection Committee may exercise discretionary selection in exceptional circumstances, including:

- - Injury or illness that prevented participation in National Championships
- - Exceptional performance in international competitions
- - Athletes who demonstrate medal potential at the international level
- - Special circumstances as determined by the Committee

Discretionary selections shall be documented with clear rationale.

7. PERFORMANCE STANDARDS

Athletes must meet minimum performance standards to be eligible for selection:

7.1 Technical Standards

Athletes must demonstrate proficiency in:

- (a) Yogasana postures as specified in the CYSF Technical Regulations.
- (b) Correct alignment, breathing, and execution of each posture.

(c) Transitions between postures.

(d) Overall presentation and artistic expression.

7.2 Scoring Thresholds

Minimum qualifying scores shall be established by the Technical Committee prior to each competition:

Category | Minimum Score for Consideration |

| Youth | To be determined annually |

| Senior | To be determined annually |

| Masters | To be determined annually |

Scores are based on the CYSF International Judging System.

7.3 Consistency

Athletes must demonstrate consistent performance across:

1. - Multiple rounds of competition (preliminaries, finals)
2. - Multiple events or competitions
3. - Training and preparation

8. SELECTION COMMITTEE

8.1 Composition

The Selection Committee shall consist of:

Member	Role
1. High-Performance Director	Chair
2. Head Coach, National Team	Member
3. Technical Director	Member
4. Independent Member	Appointed by the Board

The Independent Member shall have no direct coaching or personal relationship with any athlete under consideration.

8.2 Responsibilities

The Selection Committee shall:

- (a) Establish performance standards for each competition.
- (b) Review athlete performance and eligibility.
- (c) Make selection decisions in accordance with this Criteria.
- (d) Document all selection decisions with rationale.
- (e) Respond to inquiries regarding the selection process.
- (f) Maintain confidentiality of selection deliberations.

9. SELECTION TIMELINE

Activity	Timeline
• Announcement of selection criteria	6 months before competition.
• Canadian National Yogasana Championships	4-5 months before competition.
• Selection Committee meeting	Within 14 days of Championships.
• Selection announcement	Within 14 days of Championships
• Appeal period	7 days after selection
• Appeal review and decision	Within 14 days of appeal
• Final team confirmation	30 days before competition

10. SELECTION ANNOUNCEMENT

10.1 Notification

Selected athletes shall be notified in writing (email) by the Secretary General.

10.2 Public Announcement

The national team roster shall be published on the CYA website following notification of selected athletes.

10.3 Information Provided

The notification shall include:

1. - Confirmation of selection
2. - Competition details (dates, location)

3. - Team orientation and preparation schedule
4. - Athlete Agreement to be signed
5. - Travel and accommodation arrangements
6. - Code of Conduct and Safe Sport Policy acknowledgment

11. ATHLETE RESPONSIBILITIES

Selected athletes must:

- (a) Sign the Athlete Agreement committing to training and competition obligations.
- (b) Participate in all mandatory training camps and preparation activities.
- (c) Comply with the CYA Code of Conduct and Safe Sport Policy.
- (d) Represent Canada with integrity, sportsmanship, and pride.
- (e) Comply with all anti-doping rules and regulations.
- (f) Wear official team attire as designated.
- (g) Attend all team meetings and media obligations.
- (h) Travel with the team as directed.

11.1 Consequences of Non-Compliance

Failure to meet athlete responsibilities may result in:

- - Verbal warning
- - Written warning
- - Removal from the team
- - Ineligibility for future selection

12. TEAM SUPPORT STAFF

The following support staff may accompany the national team:

Role	Selection Criteria
• Head Coach	Appointed by CYA High-Performance Director.
• Assistant Coach	Appointed based on athlete needs.
• Team Manager	Appointed by CYA.
• Medical Staff	Appointed based on team needs.

13. APPEALS PROCESS

13.1 Right to Appeal

Any athlete who has been denied selection, or any athlete selected whose team placement is disputed, may appeal the selection decision.

13.2 Grounds for Appeal

Appeals may be based on:

- (a) Procedural error that affected the selection decision.
- (b) Failure to apply the published selection criteria.
- (c) New evidence not reasonably available at the time of selection.
- (d) The decision was unreasonable based on the evidence.

13.3 Appeal Procedure

- (a) A written appeal must be submitted to the Secretary General within seven (7) days of the selection announcement.
- (b) The appeal must state the grounds for appeal and provide supporting evidence.
- (c) The Secretary General shall forward the appeal to the Appeals Committee.
- (d) The Appeals Committee shall consist of three individuals not involved in the original selection decision.
- (e) The Appeals Committee shall review the appeal and render a decision within fourteen (14) days.
- (f) The decision of the Appeals Committee is final.

14. TEAM COMPOSITION

14.1 Number of Athletes

The number of athletes selected shall be determined based on:

- - Quota allocated by the international competition (CYSF)
- - Performance levels of eligible athletes
- - Strategic considerations for medal potential
- - Budget and resource availability

14.2 Alternates

Alternate athletes may be named to the team. Alternates shall:

- - Be prepared to compete if a selected athlete is unable to participate
- - Train with the team when possible
- - Be eligible for selection for future competitions

If a selected athlete withdraws, the alternate shall be promoted to the team in order of ranking.

15. WITHDRAWAL AND REPLACEMENT

15.1 Athlete Withdrawal

If a selected athlete withdraws from the team due to injury, illness, or other valid reason:

- (a) The athlete must notify the Head Coach or High-Performance Director immediately.
- (b) A medical certificate may be required for injury or illness withdrawals.
- (c) The next eligible athlete from the selection ranking shall be offered the position.

15.2 Replacement Procedure

- (a) The Selection Committee shall convene to approve the replacement.
- (b) The replacement shall be selected based on the original selection criteria.
- (c) The replacement athlete must meet all eligibility requirements.

16. TRAINING AND PREPARATION

Selected athletes shall participate in:

Activity	Description
1. National Team Camp	Mandatory training camp prior to competition.
2. Individual Training	Personal training program with designated coach.
3. Technical Review	Review of competition rules and judging criteria.
4. Team Meetings	Team building, code of conduct, and logistics.

Failure to attend mandatory training may result in removal from the team.

17. ANTI-DOPING

All selected athletes shall:

- (a) Comply with the Canadian Anti-Doping Program (CADP).
- (b) Be subject to testing as per the rules of the Canadian Centre for Ethics in Sport (CCES).
- (c) Understand their rights and responsibilities under the World Anti-Doping Code.
- (d) Provide accurate whereabouts information as required.

Violation of anti-doping rules shall result in immediate removal from the team and referral to the appropriate authorities.

18. REVIEW AND AMENDMENTS

This Athlete Selection Criteria shall be reviewed annually by the Selection Committee and Board of Directors. Amendments may be made by a resolution of the Board of Directors and shall be communicated to members.

ADOPTION

This Athlete Selection Criteria was adopted by the Board of Directors of Canadian Yoga Association (CYA) on:

Date: 08. Dec. 2019



Ms. Diana Aleksandrovna
President
Canadian Yoga Association



Mr. Sanjeev Pal Singh
Vice President
Canadian Yoga Association

Aman Sood

Dr. Aman Sood
Secretary General
Canadian Yoga Association

Pranchal Sharma.

Mr. Pranchal Sharma
Director – Athlete Development
Canadian Yoga Association

ACKNOWLEDGMENT FORM

(To be signed by all selected athletes)

I, _____, acknowledge that:

- I have received, read, and understand the Canadian Yoga Association (CYA) Athlete Selection Criteria.
- I meet all eligibility requirements for selection.
- I understand the selection process and performance standards.
- I understand my responsibilities as a member of Canada's national team.
- I understand the appeals process.

Name (Print): _____

Category: Youth Senior Masters

Signature: _____

Date: _____